



Awaken, Empower, Transform!

Have more impact in people's lives!

Additional Benefits to You and Your Studio/Center

- Expand and diversify your offerings
- Build stronger relationships with your clients
- Attract more clients and increase revenue

Benefits to Class Participants

- Greater self-awareness and empowerment
- More balance, freedom, and fulfillment
- More positive and optimistic outlook on life
- More clarity and confidence
- Deeper personal insights

Classes & Workshop Topics

- *Serenity Circles (for women)*
- *Alleviating Work & Career Stress*
- *Healthier, Balanced Relationships*
- *Manifesting & Abundance*
- *The Law of Attraction in Action*
- *Meditation & Mindfulness*
- *Breakthrough Thinking*
- *The Art of Receiving (for women)*

Soul-Full Living

